

**Seed, Sow & Grow** is an opportunity for community and backyard gardeners to learn innovative gardening techniques with Boston Natural Areas Network staff, special instructors and fellow gardeners.

All **Seed, Sow & Grow** programs are **FREE** and open to the public. Registration is required for all programs, and registering early is recommended. Programs are limited to 15 participants, unless otherwise noted, and may be cancelled due to low registration. Participants should dress appropriately for weather and program content. Outdoor programs will be cancelled due to rain or severe weather.

## SPRING & SUMMER PROGRAMS



Garden Journals



Propagation Techniques



Tomatoes 101



Garden Insects and Small Pests

### Planning the Urban Garden

**Presenters:** Paula Cortés, Landscape Architect; Jeremy Dick, Horticulturist; Jo Ann Whitehead, Garden Educator  
**Site:** BNAN, 62 Summer Street (Enter on Otis Street), Boston **Date:** Wednesday, April 8, 7:00 P.M. – 9:00 P.M.  
Get professional advice as you plan your garden for 2009 with this team presentation on the planning and execution of the urban garden. Presenters will discuss garden design and layout, sourcing plants, record keeping, and organization of both vegetable and ornamental gardens in the urban environment. **Workshop limited to 30 participants.**

### Create A Garden Journal

**Presenter:** Candice Cook, Program Manager  
**Site:** Adams Street Branch, Boston Public Library, 690 Adams Street, Dorchester **Date:** Wednesday, April 29, 5:30 P.M. – 7:30 P.M.  
Record the goings-on in your garden in your very own handmade journal. In this workshop, we will design covers and bind the book together by hand, and discuss ideas for how you can organize and utilize your journal. **Materials provided.**

### Propagation Techniques: Raise Your Own Garden Plants

**Presenter:** Jeremy Dick, Horticulturist  
**Site:** City Natives, 30 Edgewater Drive, Mattapan **Date:** Saturday, May 2, 9:00 A.M. – 11:00 A.M.  
Discover the techniques and materials needed to propagate your own garden plants. This program will cover methods of producing annual flowers and vegetables, herbaceous perennials, shrubs and small trees. Participants will learn the key principles of growing garden plants from seeds, cuttings, and division. **Materials provided.**

### Companion Planting

**Presenter:** Lisa Vaas, Master Urban Gardener  
**Site:** City Natives, 30 Edgewater Drive, Mattapan **Date:** Saturday, May 23, 10:00 A.M. – 11:30 A.M.  
Plants interact on a number of biological and ecological levels, some beneficial and others not so. Learn companion planting concepts to help you organize your garden plants to enhance your gardening experience and improve your harvest.

### Vegetable Garden Basics

**Presenter:** Sharleen Johnson, Master Urban Gardener  
**Site:** City Natives, 30 Edgewater Drive, Mattapan **Date:** Saturday, June 6, 10:00 A.M. – 11:30 A.M.  
Gain insight on how to produce more in your vegetable garden. Topics will include soil building, plant spacing, water conservation, and development of a garden schedule.

### Growing Vegetables in Containers

**Presenter:** Jo Ann Whitehead, Garden Educator  
**Site:** City Natives, 30 Edgewater Drive, Mattapan **Date:** Saturday, June 6, 1:00 P.M. – 2:30 P.M.  
Growing vegetables in containers is a fabulous solution for urban gardeners. Whether you are struggling to make the most of your limited garden space or simply want to decorate your front steps this program will help you create beautiful and productive container gardens.

### House Plant Propagation and Care

**Presenters:** Brad Gregory and Mary Singleton, Master Urban Gardeners  
**Site:** City Natives, 30 Edgewater Drive, Mattapan **Date:** Saturday, June 20, 10:00 A.M. – 11:30 A.M.  
Fill your home with dramatic foliage and gorgeous flowers. This workshop will cover the propagation principles needed to produce houseplants and the care required to enjoy them in your home year round. **Materials provided.**

### Tomatoes 101

**Presenter:** Matt Kochka, Farm Manager, ReVision Urban Farm  
**Site:** ReVision Urban Farm, 38 Fabyan Street, Dorchester **Date:** Saturday, July 11, 9:00 A.M. – 11:00 A.M.  
Visit ReVision Urban Farm to learn everything you need to raise great tomatoes. Matt will show you how to prune and train tomatoes. He will go over basic pest and disease control as well as explain fertilization and irrigation needs of this finicky plant.

### The Well-Tended Vegetable Garden

**Presenter:** Sharleen Johnson, Master Urban Gardener  
**Site:** City Natives, 30 Edgewater Drive, Mattapan **Date:** Saturday, July 25, 10:00 A.M. – 11:30 A.M.  
What are the advantages to crop rotation? Should you group heavy feeders together with light feeders? What is succession planting? How early and how late in the season can you plant? Learn the planting systems and garden concepts to maximize your garden experience.

### Weed or Wildflower?

**Presenter:** Jo Ann Whitehead, Garden Educator  
**Site:** City Natives, 30 Edgewater Drive, Mattapan **Date:** Saturday, August 8, 10:00 A.M. – 11:30 A.M.  
Explore the subjective concept of weeds with this discussion on the identification, value, and safe control of our least favorite plants. This program will include a brief walking tour to identify common weeds and wildflowers in their various stages of growth at City Natives and along the Neponset River.

## Success with Sweet Potatoes

**Presenters:** Matt Kochka, Farm Manager, ReVision Urban Farm  
**Site:** ReVision Urban Farm, 38 Fabyan Street, Dorchester **Date:** Saturday, September 19, 9:00 A.M. – 11:00 A.M.  
Did you know that sweet potatoes can thrive in New England? Even in your back yard? With a little patience and planning, you too can grow this low-maintenance crop at home and get high yields per square foot.

## Save Those Seeds For Next Year's Garden

**Presenters:** Jeremy Dick, Horticulturist  
**Site:** City Natives, 30 Edgewater Drive, Mattapan **Date:** Saturday, October 3, 9:00 A.M. – 11:00 A.M.  
Learn how to collect, process, and store seeds from your garden and from the wild. This program will cover the proper handling and preservation of seed to greatly increase your success with germination. Become a seed saver, grow your favorite plants year to year, and share seeds with friends.

## PROGRAMS ON DEMAND

Schedule a Program in Your Own Community Garden or Tour the Learning Garden at City Natives.

### Garden Insects and Small Pests

**Presenter:** Jo Ann Whitehead, Garden Educator  
**Site:** City Natives, 30 Edgewater Drive, Mattapan  
**Date:** Weekday Evenings/Saturday Mornings in July  
Approximately 1.5 Hours in Duration  
Workshop participants will learn how to identify common garden pests and methods to manage them safely within their own community garden.

### Explore the Learning Garden

**Presenter:** Jo Ann Whitehead, Garden Educator  
**Site:** City Natives, 30 Edgewater Drive, Mattapan  
**Date:** Weekdays/Saturday Mornings in July  
Approximately 1 hour in Duration  
Bring your youth group to City Natives for an interpretive tour of the Learning Garden. Tour will include explorations of the compost pile, discussions on vegetables and growing methods, and investigations of small garden critters.  
**Limit group size to 12 maximum, with two adults accompanying each visit.**

To schedule: Contact Jo Ann Whitehead at 617-542-7696 or joann@bostonnatural.org. Please schedule prior to June 19.

## AUTUMN PROGRAMS

To register for a program:  
Call 617-542-7696 or email  
info@bostonnatural.org

**City Natives**  
30 Edgewater Drive  
Mattapan, MA

www.bostonnatural.org