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FOR IMMEDIATE RELEASE

August Active Thursdays along the Neponset River

Part of the summer-long Boston Natural Areas Network Neponset River Greenway Festival

BOSTON, MA – July 25, 2011 – Set aside an hour, between 6:00 and 7:00 p.m., every Thursday in August for fun and exercise at Pope John Paul II Park in Dorchester. Each Thursday we will gather at the playground sunshelter off the Gallivan Blvd entrance to the park for a vigorous group walk, yoga and even a little frisbee disc golf. We will get your heart pumping and return you to the park in time to enjoy the weekly family movie which begins at sunset every Thursday in August.

For more information call BNAN at 617-542-7696 or visit www.bostonnatural.org. These programs are part of BNAN's summer-long Neponset River Greenway Festival with 33 free events along the river through the end of August.

Boston Natural Areas Network is a non-profit organization dedicated to bringing together local residents, partner organizations, public officials and foundations to preserve, expand, and enhance urban open space, including community gardens, greenways, and urban wilds. For more information about the organization, becoming a member or the calendar of events, visit www.bostonnatural.org or call 617-542-7696.

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