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**FOR IMMEDIATE RELEASE**

## **Fall Fun --Paddling and Biking along the Neponset River**

*Free canoe trips and bike rides hosted by Boston Natural Areas Network and  
the Massachusetts Department of Conservation and Recreation*

**BOSTON, MA** – October 25, 2010 – Enjoy canoeing the Neponset estuary and biking the newest sections of the Neponset River Greenway trail with the Boston Natural Areas Network (BNAN) and the Massachusetts Department of Conservation and Recreation (DCR).

This is an interesting time to canoe the Neponset estuary and enjoy the fall foliage before the winter freeze takes over. Dress warmly! We will meet at Milton Landing, Wharf St., Milton for the last paddle of the season on Saturday, November 6, 10:00 a.m.

**Experienced paddlers only and registration required.**

Join in on a fun 12 mile bike ride up the Neponset River Greenway to Mother Brook.

The new Hyde Park paths of the Neponset River Greenway as well as historic Mother Brook and Stony Brook Reservation will be the focus of this leisurely fall ride. Dress for the weather! Bring your own bike and **Helmets are required!** We will meet at the intersection of Fairmount Ave. & Truman Parkway, Hyde Park on Saturday, November 13, 10:00 a.m.

**Registration is recommended** by contacting BNAN at 617-542-7696 or [info@bostonnatural.org](mailto:info@bostonnatural.org). See route map at [www.masspaths.net](http://www.masspaths.net).

Boston Natural Areas Network is a non-profit organization dedicated to bringing together local residents, partner organizations, public officials and foundations to preserve, expand and enhance urban open space, including community gardens, greenways and urban wilds. For further information about the organization, becoming a member or the calendar of events, visit [www.bostonnatural.org](http://www.bostonnatural.org), or call 617-542-7696.

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