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FOR IMMEDIATE RELEASE

Find and Understand Wild Edibles at Allandale Woods July 15th

BOSTON, MA, July 2, 2009 – There are many beautiful plants among the tall trees in the 90-acre Allandale Woods Urban Wild in Roslindale, so some people may be curious to know what is safe, and maybe even tasty, to eat.

On Wednesday, July 15th, Boston Natural Areas Network, Slow Food U.S.A., and Boston Parks & Recreation present **Foraging for Wild Edibles** from 6:00 – 8:00 p.m., a special workshop with expert forager and author Russ Cohen. The workshop takes place at Allandale Woods Urban Wild where participants will learn identification of at least 18 varieties of edible wild plants, seasons of availability, preparation methods, and guidelines for safe and environmentally responsible foraging. Pending favorable weather conditions, several edible wild mushroom species may also be encountered. Participants will meet at the Allandale Woods parking area located on the right side of the Annunciation Church parking lot at 7 VFW Parkway in Roslindale.

The workshop is free and open to the public, but advance registration is required by sending an email to info@bostonnatural.org or calling 617-542-7696.

Boston Natural Areas Network is a non-profit organization dedicated to bringing together local residents, partner organizations, public officials and foundations to preserve, expand and enhance urban open space, including community gardens, greenways and urban wilds. For further information about the organization, becoming a member or the calendar of events, visit www.bostonnatural.org, or call 617-542-7696.

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