



CONTACT: Joanne Stanway
PR Consultant
978-250-7277
Joanne@StanwayPR.com

BNAN
617-542-7696
www.bostonnatural.org

FOR IMMEDIATE RELEASE

Two Vegetable Garden Programs Offered June 6th

Free Seed, Sow & Grow programs hosted by Boston Natural Areas Network

BOSTON, MA, March 18, 2009 – Did you know there is more having a successful in the vegetable garden than soil, water and sunshine? To learn more, take advantage of two free education programs offered by Boston Natural Areas Network on Saturday, June 6th.

Part of BNAN's horticultural series *Seed, Sow & Grow*, **Vegetable Garden Basics** will take place from 10:00 a.m. – 11:30 a.m. at City Natives, 30 Edgewater Drive, Mattapan. Master Urban Gardener Sharleen Johnson will explain how to produce more vegetables in the garden using soil building, plant spacing, water conservation and development of a garden schedule. From 1:00 p.m. – 2:30 p.m., BNAN Garden Educator Jo Ann Whitehead will present **Growing Vegetables in Containers**, also at City Natives. During this workshop, urban gardeners will learn how to make the most of limited space by creating a beautiful and productive container garden.

The *Seed, Sow & Grow* horticultural series is free and open to the public and presented April through October by BNAN staff, invited guests, and graduates of BNAN's Master Urban Gardener program. For a schedule of *Seed, Sow & Grow* workshops, call BNAN at 617-542-7696 or visit www.bostonnatural.org.

Boston Natural Areas Network is a non-profit organization dedicated to bringing together local residents, partner organizations, public officials and foundations to preserve, expand and enhance urban open space, including community gardens, greenways and urban wilds. For further information about the organization, becoming a member or the calendar of events, visit www.bostonnatural.org, or call 617-542-7696.

###